Dear client:

I'll be glad to help you and I'm willing to do it at a lower rate than I use to work, because it helps me on creating experience on UpWork (even though I have up to 4 years of experience working as frontend with US direct clients, I'm new on UpWork).

Looking at the links you suggest, in my oppinion, even though the work could be done simply with this: http://www.bypeople.com/multi-step-form-with-progress-bar-using-jquery-and-css3/ I strongly recommend to buy a full template like this one: http://codecanyon.net/item/just-forms-advanced/11301110?ref=jqueryrain

Using a template like "Just Forms advanced" we assure to have responsive and multiple plugins compatibility from start, and since you say you need to develop a very complex form, you surely will need several especial inputs types on the future (like time-date-pickers, payment info validation, file upload inputs, etc)

I hope to hear from you soon and that we can work together.

Best Regards

Mariela